



SEATTLE PARKS
AND RECREATION

Ballard

Community Center & Pool

Spring 2005

Register for all classes

March 28 –
April 9, 2005

Maintenance Closure

Ballard CC will be closed
for repairs from April
11 to May 1, 2005.

Participants will be
notified of class and
activity relocations
at registration.

Staff will answer the
phone messages
regularly. Please call
206-684-4093 for
information and
registration.

Ballard Community Center

6020 28th Avenue NW
Seattle WA 98107
206-684-4093

Ballard Pool

1471 NW 67th St
Seattle, WA 98117
206-684-4094



Visit us on the web at www.seattle.gov/parks

Ballard Community Center

6020 28th Ave NW

Seattle, WA 98107

Phone: 206-684-4093 Fax: 206-706-7252

Visit us online at www.seattle.gov/parks!

Hours of operation

Mon, Wed, & Fri 11 a.m. – 9 p.m.

Tues & Thurs 1 – 9 p.m.

Sat 9 a.m. – 5 p.m.

Program dates

Classes begin the week of April 11, 2005 unless otherwise posted.

Holiday closures

Monday, May 30, Memorial Day

Program registration March 28 – April 9

1. **Phone-in**, 206-684-4093. We'll pick up voice mail messages frequently and call you back. Please be clear and specific with your class request.
2. **E-Mail**: Contact us by our internet address: ballardcc@seattle.gov.
3. **Drop-slot** in the front door: **No cash**. Drop-slot is low on the front door. We'll call you to confirm that we received your request, though you are only assured of registration after we have processed your request.
4. **Walk-in**

Calling is considered to be the most effective way to register.

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Rentals

For information about room rentals, please view our facility rental brochure (www.seattle.gov/parks/reservations/facrentalguide.htm).

Professional Staff

Ken Bounds, *Superintendent*

B. J. Brooks, *Deputy Superintendent*

Christopher Williams, *Operations Director*

Maureen A. O'Neill, *North Recreation Manager*

Tom Ostrom, *North Sr Recreation Coordinator*

Charles Humphrie, *Center Coordinator*

Robert Wilkens, *Asst Center Coordinator*

Kendra Acklin, *Teen Development Leader*

Elaine Dunn, *Recreation Attendant*

Sean O'Feery, *Child Care Director*

Anthony Robinson, *Building Maintenance*

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to our Advisory Council. **Please note:** Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Search for Classes Online!

Visit www2.seattle.gov/parks/brochure to search our classes by keyword.

Ballard Community Center will be closed for repairs from April 11 to May 1.

Participants will be notified of class and activity relocations **at registration.**

Special Events



Spring Egg Hunt

It's time for our annual Spring Egg Hunt which will be held at Ballard Community Center at 10 a.m. sharp! This event is for children 2 to 10 years old and will in-

clude specific "hunting" areas for various age groups.

Age: ages 2 to 10

10 – 11 a.m.

Fees: Bring a can of food for Ballard Food Bank

Flashlight Egg Hunt

The 2005 Flashlight Egg Hunt will be held at Golden Gardens Bathhouse. Parents and volunteers are encouraged to stay and enjoy this event. Hunt starts at 8 p.m.

8 p.m.

Fri, Mar 25

Come Fish With Us!

Have you ever felt the sheer joy of yelling "I got one!"? Fishing is a lot of fun, and it's a sport the whole family can enjoy. Seattle Parks and the Washington Department of Fish and Wildlife are providing a great opportunity for Seattle kids to learn to fish. We want to introduce more kids to sport fishing, which is a lifetime sport you can especially enjoy in Seattle with its abundant water.

This year's event, "Fishing Kids," will be at Green Lake Park from 9 a.m. to 2 p.m. on Saturday, April 23. Every child who participates will receive a T-shirt and a rod and reel to take home, and you'll even bring home a trout!

You'll learn about fishing, including water safety, different kinds of fish, how to cast, and what to do with a fish when you catch it.

To sign up any child from age 5 to 14, just ask for a form at any Parks and Recreation facility, and send it to the address on it with \$5 for each child participating. We look forward to seeing you on April 23!

Toddlers

Toddler Play Room

Drop in and play with your child with big soft toys, plastic climbers, kitchens, blocks, and other fun things. Please stay and supervise your child.

Closed Monday, May 30, 2005

\$2 per family per day; exact amount please. No Food in room.

Health Dept mandate: You are required to take changed diapers away with you.

MWF 11 a.m. – 8:30 p.m.

Tue, Thu 1 8:30 p.m.

Saturdays 10 a.m. – 4 p.m.

May 2 – Jun 17

Toddler Gym Time

This is the best entertainment in town--a gym for your toddler to run, ride, and socialize with other toddlers. Bikes, balls, mats, and other toys provided, or bring your own trike! Meet YOUR friends and relax rain or shine.

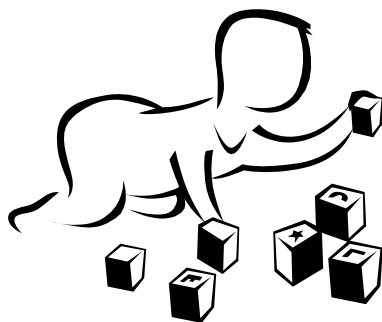
Health Dept mandate: You are required to take changed diapers away with you.

MWF 11 a.m. – 2 p.m.

May 2 – Jun 17

Closed Monday, May 30, 2005

Fees: \$2 per family per day; exact amount please. No Food in gym.



Staff will answer the phone messages regularly.
Please call 206-684-4093 for information and registration.

"One Fun Summer" Day Camp

"One Fun Summer" Day Camp

Ballard Community Center is offering a summer program for children from kindergarten to the fifth grade. The program hours are 9:30 a.m. to 3:30 p.m. with extended care starting at 7 a.m. and ending at 6 p.m. All activities are designed to be age-appropriate, and the camp will be split into two groups: K-2nd & 3rd-5th.

- Experienced staff led by Sean O'Feery
- 10 Weekly camps: June 27 – September 2
- Weekly themes, field trips, swimming, art, and more
- \$135 per week (Pay first week in full and \$25 deposit for each other week)
- Licensed child care provider, DSHS certified.
- Summer scholarships available.
- Advance registration starts April 11, 2004 at 1 p.m.



If your child is 11-14 years of age and too old for our Elementary-aged Summer Day Camp, please look into our "One Fun Summer" Adventure Camp for Middle School at Ballard Community Center.

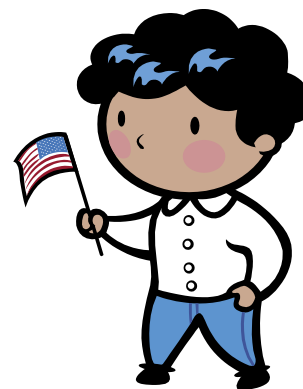
Monday – Friday

7 a.m. – 6 p.m.

Fees: \$135 per week (Week 2 is \$108)

Week 1: Check It Out! Jun 27 – Jul 1

We are getting the summer off to a great start with games, water relays, arts, crafts, fun food projects, bicycle day, swimming field trips, and sports in the gym, playground time, and special interest groups. Our field trip this week will be to the Renton Community Center and the Henry Moses Aquatic Center. The Henry Moses Aquatic Center has multiple pools, slides, and a wave tank for a fun filled day in the water. So come along and "Check it Out!"



Week 2: Animalized Jul 5 – Jul 8

This week we will explore all types of animal habitats. Activities include building bird feeders, teaming with the Seattle Audubon Society to learn about our local birds, a visit from the Discovery park naturalists. Our field trip this week will be to the Woodland Park Zoo. *Note: This is a four-day week due to Independence Day and the cost is \$108.*

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"One Fun Summer" Day Camp

Week 3: Water, Water Everywhere

Jul 11 – Jul 15

This week we will discover what a watershed is when we head out to the Cedar River Watershed (Where Seattle gets its drinking water). At this beautiful lake we will spend half the day playing and wading, the second half of the day we will explore the salmon stream and do cool activities while we learn about why everyone in Seattle loves the Cedar River. Our second field trip will be to the UW Waterfront Activities Center to do some boating on Montlake.

Week 4: It's a Fair Thing Jul 18 – Jul 22



Do you want to see cool animals? Do you like the taste of cotton candy? Do you like to ride the rides? Well don't miss this week, one of last year's favorites is the trip to the King County Fair in Enumclaw. This week includes all of the usual good stuff like swimming and cycle day.

Week 5: Little Pros Jul 25 – Jul 29

Ever want to be a professional athlete? This week we will be touring the Seahawks Stadium Qwest Field, we will get to see all the behind the scenes of the professional athletes. We will hold special clinics to



work on basic and intermediate sports skills, and of course sportsmanship. If you are not into sports don't worry there will be lots to do this week with all the swimming, biking, playing and cooking.



Week 6: Seattle Parks Rock! Aug 1 – Aug 5

In this week we are going to go to some of Seattle's greatest parks starting with a guided trip through Discovery Park. We will also visit the Ballard Locks, Salmon Bay Park, and Green Lake. Don't miss this week we are going great places and have already ordered good weather.

Week 7: The Mad Scientists Aug 8 – Aug 12

In this session, we are doing strange projects with science: egg drops, erupting volcanos, tie-dye clothes, and even a weird science cooking project. Our field trip is to the Pacific Science Center.



Week 8: Beach Bums Aug 15 – Aug 19



A week to enjoy; both field trips are to sunny, sandy, sun screened beaches. This week we will be heading over to Alki Beach to enjoy views of the city and a beautiful day on the beach, the second field trip in this week will be to none other than

our own Golden Gardens beach where we will enjoy the beach and have specially planned activities at the newly remodeled Golden Gardens Bath House. Added Bonus for 8 yr olds and up: This is Lock-in/overnighter week!



Week 9: The Islanders Aug 22 – Aug 28

One of the most exciting and creative field trips from last summer is back. This week we will be taking a Washington State Ferry over to Bainbridge Island. The ferry ride is always a treat and the parks on Bainbridge are great. We will be cooking, swimming, creating art projects, and riding bikes as well.



Week 10: All Aboard for the Remlinger Express! Aug 29 – Sep 2

Saving the best for last, our field trip this week is to Remlinger Farms where we can ride rollercoaster's, take pony rides, see a show and ride a real train. The final week includes a BBQ for all program participants and their families as the BCC welcomes everyone from our wonderful community to say thank you for an amazing summer.

Staff will answer the phone messages regularly.
Please call 206-684-4093 for information and registration.

Preschool

“Ready!” 2 Year olds \$300/qtr

Fun and stimulating activities emphasize socialization and motor skills through arts & crafts, games, stories, singing, and more! Great, positive atmosphere. Ongoing registration for available spots.

Instructor: Debbi Welsh

Age: 2 year olds (Must be 2 by September 1)

Tue/Thu 9 – 10:30 a.m. Mar 29 – Jun 9

Fees: \$300 per quarter or 4 payments of \$75

Location: Ballard Community Center

“Set!” 3 year olds \$400/qtr

Fun and stimulating activities emphasize socialization and motor skills through arts & crafts, games, stories, singing, sharing, friendships, and more! Great, positive atmosphere. Children must be potty trained. Ongoing registration for available spots.

Age: 3 years old (Must be 3 by September 1)

Tue/Thu 10:45 a.m.–12:30 p.m. Mar 29 – Jun 9

Fees: \$400 per quarter or 4 payments of \$100

Location: Ballard Community Center

Dandelion Dance

Parent-Toddler Creative Dance \$68

Experience the joy of dancing with your child while exploring movement concepts and learning new skills. Brightly colored props and a wide variety of music and rhythm instruments make for a fun and educational environment. Activities are taught that can be explored at home. Caregivers always welcome.

Instructor: Anne McBroom

Age: Walking through 3 years

Tuesdays 9 – 9:50 a.m. Apr 12 – Jun 14

Tuesdays 10 – 10:50 a.m. Apr 12 – Jun 14

Creative Dance for Preschoolers

Ages 3 to 5 \$68

Tuesdays 11 – 11:45 a.m. Apr 12 – Jun 14

Creative Dance for Preschoolers

Ages 3 to 4 \$61

Saturdays 9:15 – 10 a.m. Apr 16 – Jun 18

Creative Ballet \$61

Exploring ballet skills and vocabulary through creative dance helps dancers learn more easily and enjoyably. Dance concepts as well as beginning bar and basic ballet technique will be explored. Students will learn fun dance combinations and gain greater skills to create their own. Students who have wanted to take ballet in a non-competitive environment will enjoy this class. Parents and friends are invited to come and celebrate our learning on the last day of class.

Age: Ages: 5 to 7

**Saturdays
10 – 10:55 a.m.**

Apr 16 – Jun 18



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Dance



Creative Dance \$60

Hopping! Leaping! Twirling! Through fantasy and games the children learn basic movement skills and vocabulary such as gliding, and stretching to name a few. Boys and girls will also be encouraged to work as a team and make individual choices in their expressive movement. *No uniform/costume requirements for this class.*

Instructor: Chloe Davenport

3 year olds

Thursdays 12:30 – 1:15 p.m. Apr 14 – Jun 16

4 year olds

Thursdays 1:15 – 2 p.m. Apr 14 – Jun 16

Pre-Modern Dance \$60

While fantasy and creativity are still at the root of this class, rhythmic and energetic modern dance exercises will help strengthen and stretch our bodies. Movement concepts such as space, force and rhythm will be explored through games that develop creativity. We will also learn specific dances to enhance our new understanding of those concepts. *Children should wear a leotard and footless tights of any color and have their hair pulled out of their faces.*

Instructor: Chloe Davenport

Age: 4 & 5 year olds (age by start of class)

Thursdays 4:15 – 5 p.m. Apr 14 – Jun 16

Open Class

Family and friends are welcome to join us on the last day of each class for an open class.

Uniform Requirement

Pre-Ballet, Ballet 1, and Ballet 2

Girls: pink tights, pink ballet slippers, leotard, and hair pulled into a bun if possible.

Boys: black tights, black ballet slippers, and a T-shirt.

Pre-Ballet \$60

Children experience the joy of dancing while learning basic movement skills and vocabulary including sliding, jumping, turning, and balancing. Beginning ballet concepts are taught through short fun dances and rhythmic games as well as creative assignments.

Instructor: Chloe Davenport

Age: 4 & 5 year olds (age by start of class)

Thursdays 3:30 – 4:15 p.m. Apr 14 – Jun 16

Ballet 1 \$75

Basic ballet vocabulary is taught and combined into fun, energetic and expressive dances. Traditional ballet barre and center-floor work will be introduced and a creative game will round out the hour.

Instructor: Chloe Davenport

Age: 6 & 7 year olds

Thursdays 5 – 6 p.m. May 14 – Jun 16

Ballet 2 \$75

This class is for kids who have had some ballet and for older beginners. Students will continue to develop skills at the barre and center-work as well as their expressive abilities through creative/compositional assignments.

Instructor: Chloe Davenport

Age: 8 years old and up

Thursdays 6 – 7 p.m. Apr 14 – Jun 16

Staff will answer the phone messages regularly.
Please call 206-684-4093 for information and registration.

Youth/Teen Athletics

Track & Field

\$30

The Ballard & Loyal Heights track team is forming and practicing running, jumping, and throwing for the 2005 track season. This is a great individual sport! Run 50s, 100s, and 220s. Throw the ball, long jump; some ages can even shot put! Register at Ballard CC, 684-4093. **Volunteer helpers are always important and necessary. Our five meets are either Tuesdays or Wednesdays.**

Age: 6 to 17 years of age

Practices

Mon, Wed 5 – 6:10 p.m. Apr 11 – Jun 6

Location: Whitman Middle School track

Girls Softball

\$35

Register now for modified fast pitch softball. Your playing age is determined by your age on August 31, 2004. Age groups are 10-11, 12-13, 14-17. You can play two sports or do two activities: practices are after school and games are on weekends at Lower Woodland Park. Get your friends together and sign up now. Coaches needed.



Mon, Wed

4 – 5:30 p.m.

School-Age Child Care

Ballard Community Center Before and After School Program

The Ballard Community Center Before & After School programs offer child-friendly care that is easy for working parents of kindergarten-5th graders. There's so much to do and so little time — games, cooking, playing, reading, art, crafts, sports, music, dance, computers, ball fields, playgrounds, special visitors, special interest groups, and field trips — WOW! This Ballard CC program is a fully-licensed DSHS site which provides for the highest quality time away from school or home. Most children attend Adams, West Woodland, Whittier, Salmon Bay, or Loyal Heights schools.

We follow the Seattle Public School District schedule: Wed, Sep 8, 2004 – Tue, Jun 21, 2005. Program fees are spread evenly through the entire 10 months (178 days) of school. Half days are included in program cost as well as non-school days for children enrolled full-time. There are additional fees for non-school days when children are enrolled part-time. Week-long breaks are an additional cost for all children. BCC is closed on all national holidays.

Advance registration & payment required. Registration is ongoing throughout the school year as long as space is available. Medical and authorization form and immunization records must be completed and on file prior to

attending. Families using DSHS for payments must provide all documentation. City Scholarships are available.

Age: Grades K – 5

Frequency	Before School 7 – 8:45 a.m.	After School 3:05 – 6 p.m.
5 days/wk	\$150	\$230
3 days/wk	\$110	\$165
2 days/wk	\$75	\$110

Spring Break Camp at Loyal Heights Community Center

\$135

Ballard Community Center and Loyal Heights Community Center are joining forces to bring you an exciting and fun-filled Spring Break Camp for children grades K-5. Come join us for a week of activities which will include arts and crafts, lots of games and sports, field trips, swimming, and much more! Please register at Loyal Heights Community Center. For more information, call Ballard CC, 684-4093 or Loyal Heights CC, 684-4052. Scholarships available for those who qualify. Registration a must.

Age: K to 5th grade

Mon – Fri 7 a.m. – 6 p.m. Apr 11 – Apr 15

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Youth/Teens

Pottery

Kids Clay \$57

Parents, drop your kids off and let them explore a world beyond play-doh. Children learn to make small sculptures, magnets, wind chimes, beads and more. We will use molds and hand-building techniques to make cups and bowls you can really use. NO wheel work. Dress for MESSY fun! **Fee includes all clay, glazes and firing.**

Instructor: Andrea Hays

Age: 5 to 7 year olds

Tuesdays 4:30 6 p.m. May 3 – Jun 14

Location: Ballard CC Pottery Studio

“Tween” Clay Time \$57

Transform a lump of clay into beads, small sculptures, wind-chimes, magnets, and much, much more. Let your imagination soar as you learn various hand-building techniques to create your very own bowls and cups. NO wheelwork. Dress for MESSY fun! **Fee includes all glazes and firing**

Age: 8 to 12 years old

Wednesdays 4:30 6 p.m. May 4 – Jun 15

Teen Pottery \$57

Think you’ve got some artistic talent? Explore pottery. You will learn the skills for wheel throwing, hand building, glazing, and much more! Develop your own designs in glazing and surface decoration that will make each piece you create both useable and beautiful. **Fee includes all glazes and firing.**

Age: 12 to 14 year olds

Tuesdays 2:45 4:15 p.m. May 3 – Jun 14

Performing Arts & Dance

Piano, Guitar, or Singing Lessons \$130 (8 wks)

“Learn to play piano, guitar, or sing at my age?” YOU BET! Once more: “YOU BET!” How about Bass Guitar, Blues Harp or Drums! A local professional artist brings his teaching expertise to Ballard CC. He invites you to discover (or RE-discover) what you like about music. You can learn beginning or continuing piano, guitar or singing. If the instrument you play is not listed please call Bruce to make other arrangements. Owning a keyboard/piano is helpful and you need access to a tape player for singing lessons. Call 684-4093 to register for private 30 minute weekly sessions. Some daytime sessions available, call Bruce for times, 789-8900. For those with special needs please call Bruce directly.

Monday class runs from May 2-Jun 27. [No class Monday, May 30]

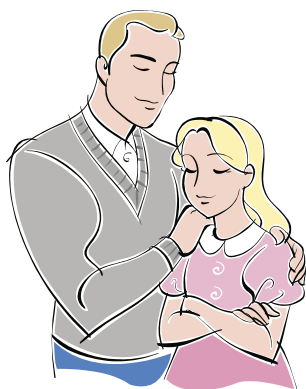
Instructor: Bruce Howard

Mondays 3:30 7 p.m. May 2 – Jun 27



Staff will answer the phone messages regularly.
Please call 206-684-4093 for information and registration.

Friday Family Nights



Friday Family Nights

Join us for a relaxing evening of fun with activities suitable for all ages!! Programs are planned to begin about 6:30 p.m. and end at 8 p.m., except for "Parent's Night Out" which ends at 10 p.m. All fees are family-friendly.

Apr 1 Bingo

Apr 8 Creation Station

An evening to invent and dream where your only limitation is your imagination.

May 6 Mother's Day Craft Time

Design a little gift for a mom or grandmom in your life.

**May 13 Parents' Night Out
Dinner and a Movie**

May 20 Checkers Tournament

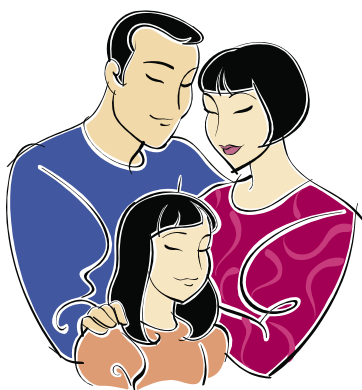
The competition will be fierce as "Captain Ballard" takes on all comers! We'll teach you some tricks of the Checkers trade!

Jun 3 Bingo

**Jun 10 Parents' Night Out
Dinner and a Movie**

Jun 17 Father's Day Craft Time

Design a little gift for a dad or granddad in your life.



Dinner and a Movie

\$3/\$10*

All your favorite movies and new releases, plus dinner! Dinner may be pizza, hotdogs, tacos, spaghetti, or salads and a drink plus "all-you-can-eat" popcorn! Call in advance for the menu and movie of the night: 206-684-4093.

***Fees: \$3 per person or \$10 per family**

Fridays

6:30 – 8 p.m.

(some movies will go longer!)

Spring Quarter Dates: May 13, Jun 10

B-I-N-G-O with Captain Ballard \$1*

Join "Captain Ballard" for a great night of family Bingo! Lots of fun for kids and parents alike. Many fun surprises and prizes can be won!

***Fees: Cards are \$1. Each participant may only play one card at a time.**

Fridays

6:30 – 8 p.m.

Spring Quarter Dates: Apr 1, Jun 3

Parents Night Out

Are you a parent that needs an evening off? A child that needs an evening away? Well here at Ballard Community Center we have a solution: Parents Night Out. Drop off your child for dinner, a movie, games, playtime and more. Children ages 2 (and toilet trained) through 12 are invited.

Permission slips will be required.

Instructor: Kendra Acklin, Sean O'Feery and Staff

Age: 2 (toilet trained) through 12

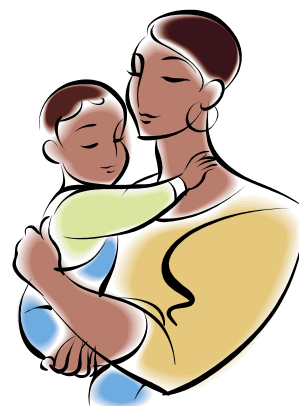
Fridays

6 – 10 p.m.

Spring Quarter Dates: May 13, Jun 10

Fees: \$20 for first child \$15 each additional child.

Location: Captain Ballard Room



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Urban 4-H Club

Ballard Urban 4-H Club

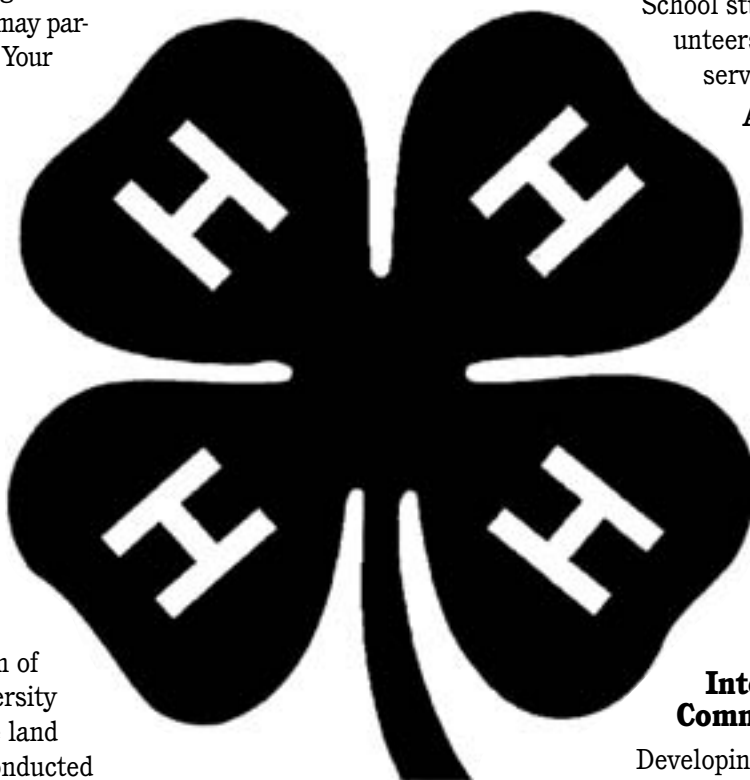
Ballard Community Center is partnering with Ballard Family Center to offer 4-H programming.

4-H has been defined by teens as a community of youth across Washington (and America) learning life skills, leadership, and citizenship in a diverse environment.

4-H membership is open to youth enrolled in Kindergarten through age 19. Younger members learn life skills in a hands-on approach. Older members learn leadership skills as they teach younger members. High school youth may participate in the 4-H Know Your Government and Know Your King County Government project and in other service learning opportunities.

Stop by Ballard Family Center or Ballard Community Center to fill out the enrollment packet and pick up a project calendar. Call 206-684-4093 for more information.

4-H in King County is a mostly volunteer driven youth development education program of Washington State University Extension (a part of the land grant system) that is conducted in partnership with the U.S. Department of Agriculture and King County Government. 4-H has program activities in urban, suburban, and rural communities across King County. 4-H reaches over 7,000 youth in King County and has over 700 volunteers serving as adult role models. 4-H serves a broad range of youth and adults with expanded program focus using a variety of ways to deliver its effective "learn by doing" approach.



Spring Organizational Meeting

A Great time to find out what 4-H is and how you can participate. We'll be planning the events of the spring and discussing plans for summer, too.

Mondays

4 p.m.

Mar 28

4-H Camp at Pacific Science Center

Extremely popular overnight event inside Pacific Science Center! Advance registration is a must for 4-H members and loads of friends. High School students may serve as volunteers, get in free, and receive service-learning hours.

Age: grades 3 to 8

Fees: \$40

Learning through Cooking

Authentic Ecuadorian cuisine led by Sonia Morales.

Service Learning Projects

Creating youth projects to generate community pride and build community stewardship.

Interpersonal Communications/Health

Developing healthy self-esteem, confidence, and professional and social skills.

Note: 4-H Clover logo protected under 18 U.S.C. 707

Staff will answer the phone messages regularly.
Please call 206-684-4093 for information and registration.

Teens

Ballard Teen Advisory Council

The Teen Advisory Council at Ballard Community Center gives teens an active voice on the programs and issues that affect them in the Ballard neighborhood.

Topics include conversations, focus groups, team building, program design, project planning, service learning opportunities, field trips and more. Call Kendra, 684-4093, for more information.

Spring Break Activities

With Spring Break fast approaching...here's a list of activities. Due to our annual maintenance closure, all activities will be field trips. All participants are required to complete a permission slip and bring the required amount of cash with them on the day of each trip. **Please note, as the community center will be closed, we will meet on the playground at the Ballard Community Center.**

Golf at Green Lake 9-Hole **\$10**

Wear tennis shoes.

Tue, Apr 12 1 – 5 p.m.

Fun at GameWorks **\$20 (2-hr game card)**

Wed, Apr 13 1 – 5 p.m.

Central Division Picnic@Green Lake **Free!**

Thu, Apr 14 10 a.m. – 4 p.m.

Late Night Appreciation **Free!**

Fri, Apr 15 7 – 11 p.m.

Fashion Show and Dinner **Free**

Sat, Apr 16 4 – 5 p.m.

Instructor: Kendra Acklin

Age: Middle and High School Teens

Location: meet at Ballard CC Playground

Service Learning Projects

Ballard Community Center offers continuing Service Learning Projects. Thursdays there are activities in which teens may earn hours. Additionally there are a few other projects. Call the Community Center to sign up or inquire. If you have a project idea or want to inquire about other opportunities, please call. ***Each student must complete a Volunteer Packet and Medical Release Form.***

Candy Egg Hunt Preparations

Thu, Mar 17 and 24 4 – 6 p.m.

Age: Teens

Location: Teen Room

Teens Cooking with Kids **Free**

Ballard Community Center teens pair up with groups of youngsters from Ballard Community Center's After School Program. The groups will prepare unique snacks, while teens assist with the activity. **Permission slip required.**

Instructor: Kendra Acklin and the After School Program Staff

Age: Middle and High School Teens

Tuesdays 4 – 6 p.m.

Location: Ballard Community Center Kitchen

Teen Feed **Free**

Hungry? Homeless? Don't want your momma's food tonight? Just want to eat somewhere else, with your peers. Join us one night a month for Teen Feed. A free dinner for teens prepared by teens and their mentors. Any teen is invited, the more the better. Bring a friend.

Thu, May 12 5 – 8 p.m.

Thu, Jun 10 5 – 8 p.m.

Ballard Community Center will be closed for repairs from April 11 to May 1.

Participants will be notified of class and activity relocations ***at registration.***

Teens

Homework Challenge and Snack

Join your peers for our homework challenge. For each hour of homework completed at the community center, the teen program will earn funds towards an overnight trip of their choice at the end of the school year. The number of days, variety of activity and amount of money available to spend on our trip will depend on the participation level of the Teen Program participants. To qualify for an hour, the teen must complete the assignment at the community center, have a peer or mentor review the completed assignment, or silent read for 30 minutes with a reading journal entry. Daily Credits will be accumulated at the community center, and may be awarded any time, each day. The Teen Room will be available for quiet study on Tuesday and Thursday evenings.

Instructor: Kendra Acklin

Age: Middle and High School Teens

Tue, Thu 3 – 4 p.m.

Tue, Thu 7 – 8 p.m.

Location: Teen Room

Teen Gym Time

Free

Gym time for teens to hang out and run. A respectful and positive attitude is required.

Age: Teens

Fridays 2:30 – 4 p.m.

Art Without Limits (AWOL)

Who we are... Our story in a nut shell.

AWOL, Art Without Limits, or more commonly known as the loud kids in the Brick:House (located at Golden Gardens). In other words: We are insanity in small, medium, and large packages (boxes not included... shipping extra). In reality, we are a group of teens and young adults who work to book and host concerts at the Brick:House. You know, that music stuff everyone talks about.

We are also dedicated to exploring and supporting the arts and expression in every shape and size. As an ever-growing team of volunteers, young and old, we've

dedicated ourselves to the local art and music scene. We work to provide a place to come and listen to music, to relax, to have fun, to just hang out.

The AWOL project is in its second year, with a string history of weekend punk-rock concerts through sun or snow (not that we have either in Seattle....). If you're a band (all genres welcome) looking to play for the local audience, check out our website at www.artwithoutlimits.org. Our goals are to bring self-expression to the forefront of everyone's life, to step up to everyone's mental door and smash it down, to let freedom of thought and action in, to let originality and uniqueness out. Through music, through art, we work to let everyone show their inner self to the world, and thusly to enrich it.

Contact Kendra Acklin at 206-684-4093 for even more details.

AWOL Concert Series Events

These are the dates of our Spring 2005 concerts.

Please go to our website: www.artwithoutlimits.org for details of events and bands scheduled to perform.

Saturday Concert Dates

\$5/concert

Events are supervised by Seattle Parks and Recreation staff. Safety is our number one concern. No pass outs (re-entry).

Concerts begin around 5 p.m. and end before 9 p.m.

Sat, Apr 2

Sat, May 14

Sat, Apr 9

Fri, Jun 3

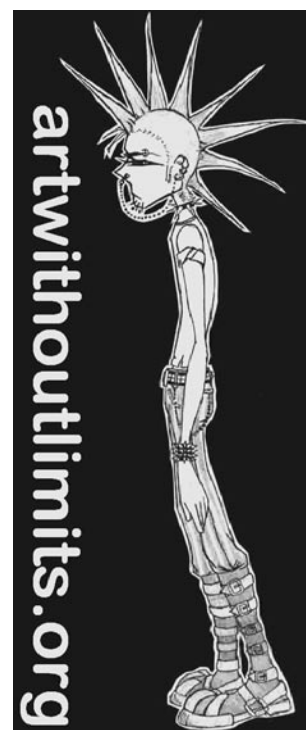
Sat, May 7

Fri, Jun 17

Location:

Golden Gardens

Brick:House



Staff will answer the phone messages regularly.

Please call 206-684-4093 for information and registration.

Adults

Drop-in Dodge Ball "Pay-Throw"

\$3/person

ADULT ENTERTAINMENT: Grownups trying to nail each other with rubber balls for ninety minutes! The fast, furious and fun game of **dodge ball**... Try this evening of adult dodge ball with friends or as an individual. "Instructions" available upon request! Registration begins at 6:45 p.m.; players divide up and play begins at 7:05 p.m.. Call a few co-ed buddies and get slammed on Monday nights at Ballard Community Center, 684-4093. Specific numbers and guidelines to be posted and monitored.

Mondays 7 - 8:45 p.m. begins May 2

Drop-in Juggling "Pay-Toss" \$3/juggler

Jugglers of the northwest unite on Monday evenings at Ballard Community Center. Half the gym is devoted to flights of skill and crashes of test piloting! Basically, here's a place with high ceilings (and no table lamps) to practice and watch others perform. No swords, bowling balls, diapers, sloppy food or other floor-damaging items should be juggled in the gym.

This is not a class, though "instructions" are sometimes given! Registration begins at 6:45 p.m.; juggling begins at 7:05 p.m. Call a few coordinated buddies and perform away! 684-4093 for other information.

Universal Juggling etiquette required at all times!

Mondays 7 8:45 p.m. begins May 2

CPR with First Aid \$52

Update your first aid and CPR certifications. This class is run by the American Red Cross and meets the WISHA and OSHA requirements for first aid/CPR. You must register with the Red Cross, 206-323-2345. Class meets at Ballard Community Center, 6020 28th Ave NW 98107.

Tue, May 17 & Thu, May 19 4:30 - 8:30 p.m.

Tue, Jun 21 & Thu, Jun 23 4:30 - 8:30 p.m.

Volleyball "Pay-To-Spike" \$3/night



Tuesday night at Ballard Community Center is the place for drop in volleyball. Open to 30 players of all skill levels on two courts, you just have to call your own goofs. This is a relaxing evening of volleyball, plus we pick

and mix up the teams randomly to add sociability! Registration begins at 6:30 p.m., play begins at 7:05 p.m. for the 30 players.

Tuesdays 7 - 8:45 p.m. begins May 3

Volleyball "Team-Pay-to-Play" \$20/team/night

Team play without the whistles, scoreboard, standings, or huge league fees! Round robin action for five coed teams (of 6-8) per night. Call Ballard Community Center, 206-684-4093, for more detail.

Wednesdays 7 - 8:45 p.m. begins May 4

Drop-in Basketball "Pay-Shoot" \$3/player

Space limited for an evening of adult full court basketball. Registration begins at 6:45 p.m.; players divide up and play begins at 7 p.m.. Call a few buddies and get hoopin' on Thursday nights at Ballard Community Center, 684-4093. Specific numbers and guidelines to be posted and monitored.

Thursdays 7 - 8:45 p.m. begins May 5

Free Shoot Basketball

Drop in to Ballard Community Center on Thursday nights for a run on the court or just shoot a bunch of free throws!

Fridays 7 - 8:45 p.m. begins May 6

Ballard Community Center will be closed for repairs from April 11 to May 1.

Participants will be notified of class and activity relocations *at registration*.

Adults

Aerobics Babysitting — Morning

Exercise in the Ballard CC Aerobics class and be assured of quality babysitting for your little one. Please change and feed the babies at home to ensure a better time for all participants. Sign in each day, your punch card will be punched by staff.

MWF 9:30 – 10:30 a.m.

Fees: \$3 first child; \$2 each add'l child.

Aerobics \$5/drop-in or punch card*

Cardiovascular exercise and strength training to burn fat and tone muscle, balance and flexibility work—all in one class! Great fun for all fitness levels. You can positively change or improve your physical fitness and body shape. Join us for a free introductory class!

***Punch Cards: 10 visits, \$45; 20 visits, \$80; 30 visits, \$110. Punch cards can be used for future sessions.**

No classes Monday, May 30 (Memorial Day).

Morning Aerobics

Instructor: Katie Franklin

MWF 9:30 – 10:30 a.m. Apr 11 – Jun 17

Evening Aerobics

Instructor: Heather Ward-Richter

Mon, Wed 6:30 7:30 p.m. Apr 11 – Jun 15

Yoga \$35/session or \$8/drop-in

Develop increased strength, flexibility, and a sense of relaxation through a combination of breath work, postures and strengthening exercises. Join this popular class and come away refreshed! Attendance taken for each class, please sign in.

Instructor: Tracy Zitnik

Age: Adult

Location: Captain Ballard Room

Tuesdays 7 – 8 p.m.

Session I Apr 12 – May 10

Session II May 17 – Jun 14

Pottery: Basic and Continuing

\$114 (7 wks)

Welcome to Ballard Community Center's quaint and hospitable art studio. This class is for beginning and continuing students. Learn the basics of wheel throwing or increase your current skill level with focused project work. We'll explore lots of hand building, including coil, extruding, and slab work. You will learn to alter your wheel-thrown pieces and play with a variety of surfacing techniques. Participants must choose one day per week which they will attend.

Students must provide their own tools. Complete beginning tool kits are available for \$17.

This studio can not support "production pottery" work.

Instructor: Andrea Hays

Age: Adult

Tuesdays 6:15 – 8:45 p.m. May 3 – Jun 14

Wednesdays 6:15 – 8:45 p.m. May 4 – Jun 15

Fees: \$114 Students must provide their own tools. Complete beginning tool kits available for \$17.

Location: Ballard CC Pottery Studio

Ballard Community Center Pottery Studio

Ballard Community Center does not offer an "open studio." Participants who are currently registered in Ballard Community Center classes may practice in the pottery studio when it is not scheduled for other classes. Times to be posted in the studio.



Staff will answer the phone messages regularly.
Please call 206-684-4093 for information and registration.

Adults

Piano, Guitar, or Singing Lessons \$130 (8 wks)

"Learn to play piano, guitar, or sing at my age?" YOU BET! Once more: "YOU BET!" How about Bass Guitar, Blues Harp or Drums! A local professional artist brings his teaching expertise to Ballard CC. He invites you to discover (or RE-discover) what you like about music. You can learn beginning or continuing piano, guitar or singing. If the instrument you play is not listed please call Bruce to make other arrangements. Owning a keyboard/piano is helpful and you need access to a tape player for singing lessons. Call 684-4093 to register for private 30 minute weekly sessions. Some daytime sessions available, call Bruce for times, 789-8900. For those with special needs please call Bruce directly.

Monday class runs from May 2-Jun 27. [No class Monday, May 30]

Instructor: Bruce Howard

Mondays 3:30 7 p.m. May 2 – Jun 27

Seattle Civic Band

The Seattle Civic Band is an intergenerational community band composed of wind, percussion, and brass instrumentalists. It was founded in 1989, shortly after the opening to the Ballard Community Center. The Civic Band presents concerts throughout the Puget Sound area, playing a repertoire of light classical, popular Broadway and march tunes. The band is actively seeking new members in all sections. No auditions are required, and players of all levels and ability are welcome. A quarterly fee from each member covers registration and music expenses. Call 282-5471 for more information.

Instructor: Jo-Ann Christen

Age: Adult

Thursdays 7:30 9 p.m. May 5 – Jun 16

The Pro Parks Levy is Making a Difference in Your Community

With funding approved for this eight-year levy by Seattle voters in 2000, we're building new parks, enhancing maintenance, and expanding programs throughout the city. Our recreation facilities are providing innovative teen programs that enhance self-esteem and build life skills, more environmental education to increase awareness about the wonders that surround us, swimming lessons for all 3rd and 4th graders to make sure every Seattle child knows how to swim, a wider range of activities for seniors, and more.

We're cleaning and removing litter from our facilities and parks more often; expanding park maintenance in the summer months, when use is high; and working hard to maintain our valuable landscapes, trees, and other natural assets. Whether you prefer sports or quiet contemplation, there are more active play areas and passive park lands available for you. New things are happening every day, so keep an eye out for Pro Parks Levy signs in your neighborhood!



Pro Parks Levy

Ballard Community Center will be closed for repairs from April 11 to May 1.

Participants will be notified of class and activity relocations ***at registration.***

Golden Gardens Calendar of Events



Special Populations

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: <http://www.seattle.gov/parks/SpecialPops/index.htm>

Musicians and Singers **\$130***

"Learn to play piano, guitar or sing?!" You Bet! Once more, "You Bet!" How about Bass Guitar, Blues Harp or Drums?! A local professional artist brings his teaching expertise to the Ballard Community Center. You can learn beginning or continuing piano, guitar or singing. If the instrument you want to play is not listed, please call Bruce to make arrangements for an instrument that fits your ability.

For those with special needs please call Bruce directly, 206-789-8900. Lessons also available for tots, youth, teens, and adults.

Instructor: Bruce Howard

Age: All ages

Mon, Fri 3:30 – 7 p.m. Sep 13

***Fees: \$130 Once a week for 8 wks**

Location: Blue Room

Here's what's happening at Golden Gardens this spring.

Abbreviations: **AWOL** = Art Without Limits

April

Sat, Apr 2 **AWOL Concert**

Sat, Apr 9 **AWOL Concert**

May

Sat, May 7 **AWOL Concert**

Sat, May 14 **AWOL Concert**

June

Fri, Jun 3 **AWOL Concert**

Fri, Jun 17 **AWOL Concert**



ENVIRONMENTAL STEWARDSHIP

Earth day • 2005

APRIL IS EARTH MONTH AT SEATTLE PARKS!

Seattle Parks and Recreation is celebrating Earth Day (April 22) in many ways in every corner of our great city. Here are just some of the ways to get involved:

- Carkeek Park/Pipers Creek 25th Annual Earth Day Festival, 206-684-0877
- Discovery Park wildlife and urban nature programs, 206-386-4236
- National Youth Service Day (April 16), Kinneer Park, 206-615-1727
- Care for Seattle's urban waterways as a Creek Steward or a one-time volunteer, 206-684-4163
- Organize a Spring Clean neighborhood cleanup event near your home or work, 206-684-0570

For information on other programs, please call Adam Cole at 206-733-9701, or visit the web at: www.seattle.gov/parks/Environment/earth.htm.

The City of Seattle, its citizens, and the Cascade Land Conservancy (206-292-5907, or on the web at www.cascadeland.org) have joined together in a 20-year effort to protect and restore our urban forest. There will be more than 50 Green Seattle Partnership events and work parties in 2005. Please call 206-733-9701 for more information. Thank you!

Staff will answer the phone messages regularly.

Please call 206-684-4093 for information and registration.

Senior Adults

Registration Information

Stacie Sheridan, Recreation Specialist
206-233-7138

Winter Quarter Dates: April 4 – June 17

No Programs: Monday, May 30 (Memorial Day)

Make-Ups: We encourage you to make up cancelled classes at any other site in the city. Please inform the instructor you're making up the class.

Class Registration begins Dec 20. Class dates/times are subject to change.

Trip Registration: Register by calling 206-233-7138 at 8 a.m. on the registration date listed for each trip. (Please do not call earlier or your registration will not count). You may sign up yourself and one other person. When you call, please leave your name, phone number, name of trip, and pick-up site. You'll be called back within 24 hours of registration *only* if you're on the wait list. Trip dates, times, and destinations are subject to change.

Van pick-up from Ballard CC for **Southbound trips** is at time listed, van pick-up from Ballard CC for **Northbound** is 30 minutes before time listed. **Vans will only wait 5 minutes for late people**

Mail all payments to: Sr. Adult Programs, Attn: Stacie, 8061 Densmore Ave. N, Seattle, WA 98103. Make checks payable to 'SAAC'

More info and citywide events: Contact Senior Adults 206-684-4951.

Senior Aerobics \$20

Join a friendly, low-impact aerobics class. Body strengthening and stretching taught by a certified instructor.

Instructor: Stacie Sheridan

Mondays 9 – 10 a.m. Mar 28 – Jun 13
No class May 30

Arthritis Exercise (P.A.C.E.) \$25

PACE = People with Arthritis Can Exercise. This class includes range of motion, muscle strengthening and endurance exercises, body mechanics, and stretching techniques.

Instructor: L. Allen

Tuesdays 9 – 10 a.m. Mar 29 – Jun 14

Walk & Tone \$20

This class includes walking, stretching, and strengthening to great music! A lot of fun while improving your health.

Instructor: Stacie Sheridan

Fridays 9 10 a.m. Apr 1 – Jun 17

Line Dancing \$20

Move to the music! NO experience or partner needed. Great for the body and soul.

Instructor: Jayla McGill

Tuesdays 9 – 10 a.m. Mar 28 – Jun 14

Pickleball \$1 drop-in

Continue to exercise and improve your skills by teaming up with other players — fun and challenging.

Tuesdays 11 a.m. – 2 p.m. Mar 29 – Jun 14

Drop-in Card & Board Games

Learn some new games and play your old favorites. you'll think and laugh all the way through.

Tuesdays 10 a.m. – Noon Mar 28 – Jun 19

Summer Planning Meeting

Your input is desired to provide the best activities possible for your enjoyment. Please bring ideas, newspaper clippings, suggestions for classes, workshops, trips, and general program offerings.

Mon, Apr 11 10:15 – 11:45 a.m.

Agenda

Walking 10:15 – 10:45 a.m.

Trips 10:45 – 11:45 a.m.

Ballard Community Center will be closed for repairs from April 11 to May 1.

Participants will be notified of class and activity relocations *at registration.*

Senior Adults

Ballard Book Club

Free

Meet the last Friday of the month at Ballard Library, 5711 24th Ave NW. All are welcome.

Last Friday of the month 10:30 a.m.

Location: Ballard Library, 5711 24th Ave NW

Apr 29 *Ahab's Wife* Sena Jeter Naslund

May 27 *Green Grass, Running Water* Thomas King

Jun 24 *House of the Spirits* Isabel Allende

Movies and Lunch

\$5/movie

Enjoy great stories with many twists and turns. Follow up with a delicious lunch and beverage. Please register by mail.

Mondays 10:15 a.m. – 1 p.m.

Apr 25 *Vanity Fair*

May 23 *Ray*

Jun 13 *Shall We Dance?*

Field Trips

A Day of Herbs

\$9.50

Stroll through herb gardens and enjoy an herbal luncheon (lunch included). *S-bound*. Reg. March 23.

10 a.m. – 3:30 p.m. Wed, Apr 13

Antique Roses and Flower World \$7

See roses dating back to the 18th century and visit Flower World. Lunch in Snohomish on your own. *N-bound*. Reg. May 24.

9 a.m. – 4 p.m. Wed, Jun 1

Camano Island Studio Tour \$7.50

Visit 26 studios, 3 art galleries, and numerous private gardens. Meet and talk with local artists! Lunch on your own in Stanwood. *N-bound*. Reg. April 19.

9 a.m. – 4:30 p.m. Fri, May 6

Cougar Mountain Zoo

\$13

A guided tour at this unique zoo that specializes in threatened and endangered species. \$7.50 tour and lunch at Gillman Village on your own. *S-bound*. Reg. May 3.

8:45 a.m. – 4:30 p.m. Fri, May 20

Olympia's Treasure

\$7.50

Tour the Capitol Building and Olympia. Lots of walking, standing, and stair climbing. *S-bound*. Reg. April 5.

8:30 a.m. – 4:30 p.m. Wed, Apr 20

Seattle Rep: *Constant Wife*

\$16

Lunch on your own. 2 p.m. show. *S-bound*. Reg. May 12.

11:45 a.m. – 5 p.m. Wed, Apr 27

Viking Fest 2005

\$6.50

Poulsbo Viking Fest. Ferry fee included. Lunch on your own. *S-bound*. Reg. May 3.

9 a.m. – 3:30 p.m. Wed, May 25

What's New in Seattle?

\$4.50

Tour the rebuilt Urban Horticulture Library and the Japanese Garden and see spring in blossom. \$3.50 tour and lunch on your own. *S-bound*. Reg. March 22.

10 a.m. – 3:30 p.m. Wed, Apr 6

Where the Wild Things Are

\$10

Tour Wolf Haven and Mima Mounds. \$8 tour and lunch on your own at Lucky Eagle Casino. *S-bound*. Reg. May 10.

8 a.m. – 4:30 p.m. Wed, May 25

Will the Dome Blow?

\$43

We'll take a chartered bus to Mount St. Helens Visitor Center, Coldwater Ridge, and Johnston Ridge (tentative). \$4.50 park tour not included. *S-bound*. Reg. May 24.

8 a.m. – 7 p.m. Wed, Jun 15

Staff will answer the phone messages regularly.
Please call 206-684-4093 for information and registration.

General Information

Program Dates

January 2 – June 19, 2005

Holiday Closures

Mon, May 30, Memorial Day

2005 Fees & Charges

Swim Admission

Children Under 1 Year	Free
Youth (1–18)	\$2.50
Adults (19–64)	\$3.50
Seniors (65+)	\$2.50
Special Pops	\$2.50

Water Exercise, Hydrofit & Aqua Jogging

Adults	\$4.50
Seniors	\$2.75

Other Charges

Slide	\$1.00
Weights	\$1.00
Just a Shower	\$2.00
Towel	50¢

Discount Punch Cards

Recreation Swim Card	\$20.00
Fitness Swim Card	\$30.00
Monthly Passes also available.	

Monday & Wednesday

6:00 – 7:30 a.m. ¹	Early Morning Lap Swim
Noon – 1:15 p.m.	Adult & Senior Swim
1:15 – 2:15 p.m.	Water Exercise
2:30 – 4:00 p.m.	SPS – BHS Swim Team (ends 2/11)
2:30 – 3:00 p.m.	Lap Swim (begins 2/14)
3:30 – 4:00 p.m.	Water Polo (begins 2/14)
4:00 – 6:00 p.m.	Salmon Bay Aquatics (Until 5 p.m. on Wed)
5:00 – 6:00 p.m.	Public Swim (Wed)
6:00 – 6:30 p.m.	Kinder & Adv Youth Lessons
6:30 – 7:00 p.m.	Youth & 3 Yr Old Lessons
7:00 – 7:30 p.m.	Kinder Lessons (Mon)
7:00 – 7:30 p.m.	Youth & 3 Yr Old Lessons (Wed)
7:00 – 8:00 p.m.	Synchronized Swim Lessons (Mon)
7:30 – 8:00 p.m.	Adult & Private Lessons and Pre-Competition (Drop-in)
8:00 – 9:30 p.m.	Adult & Senior Swim

Tuesday & Thursday

6:00 – 7:30 a.m. ¹	Early Morning Lap Swim
Noon – 1:15 p.m.	Adult & Senior Swim
1:15 – 2:15 p.m. ²	Aqua Jogging
1:15 – 1:45 p.m.	Day Care Lessons (Tue)
1:15 – 1:45 p.m.	Tot Lessons (Thu)
1:45 – 2:15 p.m.	Kinder Swim Lessons
2:30 – 4:00 p.m.	SPS – BHS Swim Team (ends 2/11)
2:30 – 3:30 p.m.	Lap Swim (begins 2/14)
4:00 – 5:30 p.m.	Salmon Bay Aquatics
5:30 – 6:00 p.m.	Kinder Swim Lessons
6:00 – 6:30 p.m.	Youth & Private Lessons
6:30 – 7:00 p.m.	Kinder Swim Lessons
7:00 – 7:30 p.m.	Tot Lessons (Tue or Thu)
7:00 – 7:30 p.m.	Adv. Youth Lessons (Tue or Thu)
7:30 – 8:30 p.m.	Family Swim (Tue)
7:30 – 8:30 p.m.	Lap Swim (Thu)
8:30 – 9:30 p.m.	Water Exercise & Hydrofit

Friday

6:00 – 7:30 a.m. ¹	Early Morning Lap Swim
Noon – 1:15 p.m.	Adult & Senior Swim
1:15 – 2:15 p.m.	Water Exercise
2:30 – 4:00 p.m.	SPS – BHS Swim Team
4:00 – 5:30 p.m.	Salmon Bay Aquatics
5:30 – 6:30 p.m.	Lap Swim
6:30 – 7:00 p.m.	Kinder & Youth Lessons
7:00 – 8:00 p.m.	Public Swim

Sunday

11:30 a.m. – 1 p.m.	4-Lane Lap Swim
1:00 – 2:00 p.m.	Water Exercise & Hydrofit
2:00 – 3:00 p.m.	Public Swim
3:00 – 3:30 p.m.	Tot & Private Lessons
3:30 – 4:00 p.m.	Kinder & 3 Year Old Lessons
4:00 – 4:30 p.m.	Youth & Private Lessons
4:30 – 5:30 p.m.	Family Swim
5:30 – 7:00 p.m.	Adult & Senior Swim

¹ Admission to Early Morning Lap Swim is by Swim Card Only.

² Program Cancelled Feb 22 & 24, Apr 12 & 14

Additional Public Swims

Enjoy additional swimming during Spring Break, which is also Youth Appreciation Week!

Tue, Apr 12 & Thu, Apr 14 **1:30 – 2:30 p.m.**

Special Events

April Pools Day Free!

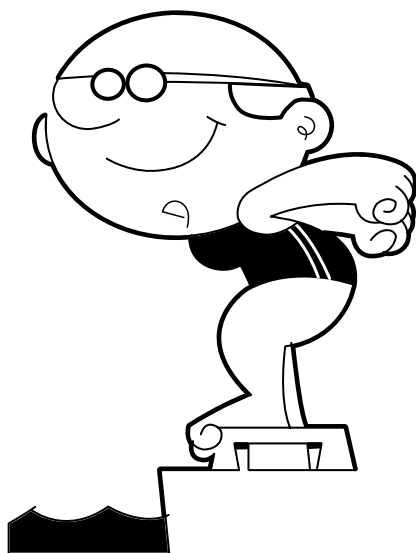
Let's have a safe and fun time in the water this spring and summer! Learn valuable life-saving skills while participating in hands-on water games and activities.

Sat, Apr 16 10 a.m. – Noon

School's Out for Summer Swim

All kids swim free!

Fri, Jun 17 7 – 8 p.m.



Have your next party at Ballard Pool!

Ballard Pool is available for private rentals on Saturdays. Plan your next party here at the pool! Call 206-684-4094 for details and to schedule your next event!.

How to Register for Swimming Lessons:

- 1) If you are currently in Ballard Pool swimming lessons, sign up for the new session during the last night of your current class.
- 2) If you would like to be a new participant in swimming lessons at Ballard Pool, please come to our **Open Registration** (dates noted below under "Spring Lesson Dates and Registration." Note "New Participant Dates.")
- 3) **Pre-Tests are required before registration** to determine what level of Kinder or Youth classes to sign up for. You may take a pre-test free of charge during any of our public or family swims, see pg. 22 for days and times.
- 4) Ballard Pool registration system is done on a "lottery basis." You will stand in line according to the number you draw. Payment is required at the time of registration.
- 5) A minimum of four (4) students is required for all youth swimming classes. Programs may be combined or cancelled if minimum enrollment is not met.
- 6) In the event that classes are full, a waiting list for the current session will be made. New classes will be added according to pool space and instructor availability.

Spring Lesson Dates and Registration

S1 = Session 1; S2 = Session 2

	#Lessons	Cost	New Participant Registration Dates
Mon & Wed Classes (*no class May 30)			
S1 Apr 4 – May 2	9	\$40.50	Wed, Mar 30 @ 6:30 p.m.
S2 May 9 – Jun 13*	10	\$45.00	Wed, May 4 @ 6:30 p.m.
Tue & Thu Classes			
S1 Apr 5 – May 3	9	\$40.50	Wed, Mar 30 @ 6:30 p.m.
S2 May 10 – Jun 14	11	\$49.50	Wed, May 4 @ 6:30 p.m.
Mon Only Classes (*no class May 30)			
S1 Apr 4 – Jun 13*	10	\$45.00	Wed, Mar 30 @ 6:30 p.m.
Tue Only Classes			
S1 Apr 5 – Jun 14	11	\$49.50	Wed, Mar 30 @ 6:30 p.m.
Wed Only Classes (*no class May 4)			
S1 Apr 6 – Jun 8	9	\$40.50	Wed, Mar 30 @ 6:30 p.m.
Thu Only Classes (*no class May 5)			
S1 Apr 7 – Jun 9*	9	\$40.50	Wed, Mar 30 @ 6:30 p.m.
Fri Only Classes			
S1 Apr 8 – Jun 10	10	\$45.00	Wed, Mar 30 @ 6:30 p.m.
Sat Only Classes (*no class Apr 16)			
S1 Apr 9 – Jun 11*	9	\$40.50	Wed, Mar 30 @ 6:30 p.m.
Sun Only Classes			
S1 Apr 10 – Jun 12	10	\$45.00	Wed, Mar 30 @ 6:30 p.m.

3-Year-Old Lessons are \$7/class

You can make a difference!

The Ballard Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held at 6:30 p.m. on the first Wednesday of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff at 206-684-4093.

Most classes, workshops, sports, special events, and facility rentals are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry,

national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities.

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations

For information on programs for youth/adults with disabilities, please call the Specialized Programs Office at 206-684-4950.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for more information about programs for special populations, please call 206-684-4950.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Ballard Community Center will be closed for repairs from April 11 to May 1.

Participants will be notified of class and activity relocations *at registration*.

SEATTLE PARKS AND RECREATION PROGRAM REGISTRATION FORM

in partnership with the Associated Recreation Council

This form is for NON-Day Camp programs only. Ask recreation staff for day camp registration forms as needed.



**SEATTLE PARKS
AND RECREATION**

Registration Procedures:

1. Please complete registration form entirely.
2. Payment MUST accompany registration.

Family Information: (Please complete for the adult who is financially responsible for the family account.)

(ADULT) Name: _____ Sex: Male Female
Last First MI (Circle One)

(ADULT) Birthdate: ____/____/____ Email Address: _____
mm/dd/yyyy

Street Address: _____ City: _____ State: _____ ZIP: _____

Phone - eve: (____) _____ day: (____) _____ other: (____) _____

Family Emergency Contact: _____
Name Phone Relation

☐ PARTICIPANT info differs from above. How does it differ? _____

PARTICIPANT (please print full name)	M/F	BIRTHDATE (mm/dd/yyyy)	COURSE TITLE (Non-Day Camp Activities ONLY)	1 ST CHOICE		ALTERNATE		AMOUNT
				DATE(S)	START TIME	DATE(S)	START TIME	
								\$
								\$
								\$
								\$
*Acceptance of this request does not guarantee enrollment into a class (see back for more information).								\$
TOTAL								

How would you like to pay?

Person making payment _____
(required for proper refunding)

**PLEASE INCLUDE
PAYMENT**

☐ Cash (Please do not send cash through the mail.)

☐ Check or Money Order # _____

Staff Use Only

Authorization (Ref#) _____

☐ Visa ☐ Mastercard ☐ American Express

For
mail-
in
only

Card #: _____ Expires: _____

Name as it appears on card: _____

Signature: _____

ASSUMPTION OF RISK AND RELEASE: I hereby give my consent as a participant or for the above-named participant(s) to participate in the program(s) listed above being conducted or co-sponsored by Seattle Parks and Recreation and declare that I will not hold the City of Seattle, Seattle Parks and Recreation, Seattle Parks and Recreation's employees, Advisory Council, or any volunteer associated with the program, responsible for any injuries, damage or personal loss incurred while participating in said program(s).

Signed: _____ Date: _____

For Office Use Only:

Rent the Newly-Refurbished Golden Gardens Bathhouse!

Take advantage of the newly-remodeled **Golden Gardens Bathhouse** spectacular waterfront

location by hosting your next special event here.

Golden Gardens is a great place for company parties, private groups, social gatherings, weddings, and more. This waterfront location is on Puget Sound and only 15 minutes from Downtown Seattle.



You and your guests will be at the historic Golden Gardens Bathhouse, which features a cathedral ceiling and skylights which flood the main room with natural light. Two side rooms that provide more privacy are also available.

The Bathhouse opens out to a beachside patio through five sets of French doors welcoming guests to enjoy the beach or gasp at its fantastic views.

Reasonable rates and friendly staff make this an ideal spot!



Building Features

- Tables (round and rectangular) and ergonomic chairs
- Easels and dry erase boards
- Stage
- Independent temperature control
- TV and VCR

Site Features

- Onsite parking
- Handicap accessible
- Outside deck and viewing areas
- Children's play area
- Beach fire pits & volleyball
- Restored dunes, wetlands, and trails

Rental Rates and Options

Main Hall:

- * Approximate hourly rates \$110 – \$150 per hour
- * Rooms are rented in minimum two-hour blocks.
- * Rental groups are responsible for set-up and take-down.
- * Additional charges apply (application fee, staffing, etc.); call 206-684-4093 for a complete quote.

Golden Gardens Bathhouse ❀ 8498 Seaview Ave NW ❀ 98117

Ballard Community Center
6020 28th Avenue NW
Seattle WA 98107
206-684-4093

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